

**Unit Plans B.Com/BBA/BCA/B.Sc- 1 (1st semester)**  
**Subject : History and culture of Punjab ( BCM101B)**  
**From Earliest time to 1849 A.D**  
**2021 - 2022**  
**unit-1**

Time :3 hour  
Max mark :50  
Theory : 45  
int. Asst : 5

Topics	Teaching Points	Specific objectives	Methods/Approaches Techniques	Resources/links
<p>1. Harappan Civilization: extent and town planning, socio-economic life.</p> <p>2. Life in vedic Age: Socio conomic, Religious</p> <p>3. Growth of Jainism and Buddhism &amp; its impact on the Religion.</p>	<ul style="list-style-type: none"> <li>➤ Introduce the students ancient period of Punjab history.</li> <li>➤ Main sources literary as well as archaeological sources.</li> <li>➤ Harappan age; its special features political, social economic or religion life.</li> <li>➤ Theories regarding the original home of the Aryans; vedic age and its special features.</li> </ul>	<ul style="list-style-type: none"> <li>➤ To provide students a broader meaning of history and specially ancient period of Punjab culture.</li> <li>➤ To clear the history and pre- history period with the help of archaeological Source.</li> <li>➤ To encourage the student to take part in open discussions regarding the area of their studies.</li> </ul>	<ul style="list-style-type: none"> <li>a. classroom teaching.</li> <li>b. open discussion.</li> <li>c. use of blackboard and PPT (PowerPoint presentation techniques).</li> <li>d. map of work.</li> <li>e. Library work.</li> </ul>	<ul style="list-style-type: none"> <li>• Ancient India and historical outline, D.N Tha, Delhi, Manohar.</li> <li>• Ancient India, V.D Mahajan.</li> <li>• People's History of Punjab, Dr.Manzur Ejaz</li> </ul>

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## Unit-2

Topics	Teaching Points	Specific objectives	Methods/Approaches Techniques	Resources/links
<p>4. Society and Culture under the Mauryas</p> <p>5. Society and Culture under the Guptas</p> <p>6. Cultural Reorientation: Main Features of Bhakti, origin and development of Sufism.</p>	<ul style="list-style-type: none"> <li>➤ About the cultural development under ancient period special reference of Mauryas and Guptas.</li> <li>➤ Origin of Bhakti movement and its special features .</li> <li>➤ Cultural reorganization of Bhakti and Sufism and its impact</li> </ul>	<ul style="list-style-type: none"> <li>➤ To provide a clear concept of Ancient culture of Punjab from Mauryas to Guptas.</li> <li>➤ To motivate the students to take part in open discussion in the class.</li> <li>➤ Enable students to analyses the fact critical.</li> </ul>	<ul style="list-style-type: none"> <li>a. classroom teaching.</li> <li>b. library work.</li> <li>c. Assignment.</li> <li>d. Map work with the help of blackboard.</li> </ul>	<ul style="list-style-type: none"> <li>• Punjab History &amp; Culture, C.L Aggrawal</li> <li>• Social and cultural History of the Punjab: Pre historic, Ancient and Medieval, J.S Grewal</li> </ul>

### Unit-3

Topics	Teaching Points	Specific objectives	Methods/Approaches Techniques	Resources/links
<p>7. Evolution of Sikhism: Teachings of Guru Nanak, Institutional development: Manji, Masand, Sangat-Pangat</p> <p>8. Transformation of Sikhism: Martyrdom of Guru Arjun; Martyrdom of Guru Teg Bahadur; impact</p> <p>9. Institution of Khalsa: New Baptism; significance</p>	<ul style="list-style-type: none"> <li>• Regarding the life and teachings of Guru Nanak</li> <li>• Institutional development of Sikhism, specially sangat, langar, manji and masand</li> <li>• Transformation of Sikhism under Guru Hargobind's new policy</li> <li>• Impact of the martyrdom of Guru Arjun and Guru Teg Bahadur.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide the students broader aspect of Sikh ideology</li> <li>• Motivate the student to take part in classroom discussion.</li> <li>• comparative study of Sikhism and other Indian faiths.</li> </ul>	<ol style="list-style-type: none"> <li>a. open discussion.</li> <li>b. Debate.</li> <li>c. Lectures.</li> <li>d. Library.</li> </ol>	<ul style="list-style-type: none"> <li>• History and Culture of Punjab, Mohinder singh</li> <li>• Punjab History Culture and Literature, Dr. Gurcharan singh.</li> </ul>

### Unit-4

Topics	Teaching Points	Specific objectives	Method/Approaches Techniques	Resources/links
<p>10. Changes of Society in 18<sup>th</sup> century: Social unrest; Emergence of Misls and institutions: Rakhi, Gurmata, Dal khalsa</p> <p>11. Society and Culture of the People under Maharaja Ranjit singh</p> <p>12. MAPS: Major historical places of Punjab</p>	<ul style="list-style-type: none"> <li>➤ About the establishment of Sikh supremacy in Punjab under the rise and growth of Sikh misls</li> <li>➤ Society and Culture of Punjab under Maharaja Ranjit singh</li> <li>➤ Development of art, architecture and literature</li> </ul>	<ul style="list-style-type: none"> <li>➤ To provide the student a broader aspects of Sikh polity under Misls period</li> <li>➤ Comparison of the society of Punjab with other parts of India.</li> <li>➤ Map work related with main sites of Sikh History and Ancient or Medieval times</li> </ul>	<ul style="list-style-type: none"> <li>a. open discussion.</li> <li>b. classroom discussion.</li> <li>c. Debate.</li> <li>d. map work use of blackboard.</li> <li>e. library work.</li> </ul>	<ul style="list-style-type: none"> <li>• People's History of Punjab, Dr.Manzur Ejaz</li> <li>• Social and cultural History of the Punjab: Pre historic, Ancient and Medieval, J.S Grewal</li> </ul>